To-Do List

HABITS	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21
WAKE UP																					
MAKE BED																					
AFFIRMATION																					
MEDITATION																					
EXERCISE																					
READ BOOKS																					
WORK ON GOALS																					
4 L WATER																					
HOBBY																					
SPORT																					
REMOVE GADGETS																					
TO DO LIST																					
FIXED BEDTIME																					
SLEEP HOURS																					